

MISSING ONE DAY A WEEK IS EQUIVALENT TO MISSING TWO YEARS OF EDUCATION

When I am off school for one day it may mean:

- * I'll fall behind with my school work
 - * I'll find it hard to catch up with my work
 - * I'll find it hard to make and keep friends
 - * I'll miss out on school events and opportunities
 - * I may not get the job I want or a placement in college
- Everyday missed is an opportunity missed
Positive Attitude makes a big difference.

Possible Reason for not wanting to attend:	What to do
Cannot do the schoolwork and want to stay home to avoid the lesson.	Speak to your Form tutor who can help you to sort it out by talking with your subject teacher and arrange some extra help.
Can't do my Homework	Go to homework club at lunchtime or the library after school for help with it or go to the teacher and see if they hold extra clubs to help you.
Don't know if you feel really well enough to attend	Come in and meet up with your friends and you may forget that you are not feeling well but if you start to feel worse you can always go to see the school nurse.
Unhappy with friends or being Bullied	Tell someone! Speak to your head of year, another teacher or member of staff who will help sort out any problems.
Not getting on with your teachers	Speak to your Head of year who will help to sort out the problem.
Late for school. Slept through the alarm.	Get to school as quickly as possible and report to the Attendance office to get your mark but do not make this a habit!
Non-Uniform Day	You must attend but new clothes are not necessary and you can wear uniform if you prefer.
Sickness	If you are genuinely ill remind your parent/guardian to ring 610314 and speak to Attendance to let them know so you don't get an unauthorized absence.
Birthdays	This is a day when you should be surrounded by your friends and the best place for that is school.
Rain	Not an excuse to stay home. Suitable clothing and umbrellas are great for keeping you dry. If you do get a bit wet, you will dry out!
Friday	Everyone likes to see a Friday but you must attend five days a week.
Last Day of Term	The last day of term is another school day and it is just as important to attend. Sometimes there are activities taking place and you may miss out if you do not attend.